

# PACT/R Conceptual Variables

## Demographics

Concept

Demographics


### Demographics - index child


Concept

Demographics - index child

Items

- [child age in years](#)
- [child years of school / grade](#)
- [child gender](#)
- [child race / ethnicity](#)
- [family composition](#)
- [child's primary language](#)

 child age in years


 child years of school / grade

 child gender

 child race / ethnicity

 family composition

 child's primary language

 Demographics - parent(s) / caretaker(s) of index child

### Concept

Demographics - parent(s) / caretaker(s) of index child

### Items

- [parent / caretaker relationship to index child](#)
- [parent age](#)
- [parent gender](#)
- [parent race / ethnicity](#)
- [parent relationship / marital status](#)
- [parent highest level of education completed](#)

 parent / caretaker relationship to index child

 parent age

 parent gender

 parent race / ethnicity

 parent relationship / marital status

 parent highest level of education completed

## Index event / trauma exposure

### Concept

Index event / trauma exposure

## Nature of index event / trauma

### Concept

Nature of index event / trauma

### Items

- [Broad type of index event / trauma](#)
- [Description of index event / trauma](#)

## Broad type of index event / trauma

## Description of index event / trauma

## Characteristics of child's exposure to index event / trauma

### Concept

Characteristics of child's exposure to index event / trauma

### Items

- [Type of exposure to index event / trauma](#)

## Type of exposure to index event / trauma

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## Characteristics of parent's exposure to index trauma

Concept

Characteristics of parent's exposure to index trauma

This group has no items.

## Trauma history

Concept

Trauma history

## Trauma history of index child

Concept

Trauma history of index child

This group has no items.

## Trauma history of parent(s) / caretaker(s) of index child

Concept

Trauma history of parent(s) / caretaker(s) of index child

This group has no items.

Items

- [any prior trauma \(before index trauma\)?](#)
- [number of types of prior trauma](#)
- [age at earliest trauma](#)

- prior unintentional injury
- prior MVA/RTA
- prior acute medical event
- prior interpersonal violence
- prior abuse / maltreatment
- prior exposure to disaster
- prior exposure to war / armed conflict
- prior refugee trauma
- other prior trauma
- prior interpersonal trauma (any type)
- prior non-interpersonal trauma (any type)


 any prior trauma (before index trauma)?

 number of types of prior trauma

 age at earliest trauma

 prior unintentional injury


 prior MVA/RTA

 prior acute medical event

 prior interpersonal violence

 prior abuse / maltreatment

 prior exposure to disaster

 prior exposure to war / armed conflict

 prior refugee trauma

 other prior trauma

 prior interpersonal trauma (any type)

 prior non-interpersonal trauma (any type)

 Mental health symptoms - index child

Concept

Mental health symptoms - index child

 Traumatic stress symptoms / responses to trauma

Concept

Traumatic stress symptoms / responses to trauma

 Re-experiencing

Items


- [Intrusive thoughts](#)
- [Distressing dreams](#)
- [Feel event is happening again](#)
- [Psychological distress at reminders](#)
- [Physical distress at reminders](#)

 Intrusive thoughts

 Distressing dreams

 Feel event is happening again

 Psychological distress at reminders


 Physical distress at reminders

 Avoidance

Items

- Avoid thoughts feelings abt event
- Avoid activities places people that are reminders


 Avoid thoughts feelings abt event

 Avoid activities places people that are reminders


 Dissociation (peri- or post-trauma)

Items


- Numbing/ detachment / absence of emotional responsiveness
- Reduction in awareness of surroundings (in a daze)
- Derealization
- Dissociative amnesia

 Numbing/ detachment / absence of emotional responsiveness

 Reduction in awareness of surroundings (in a daze)


 Derealization

 Dissociative amnesia

 Cognitive or mood changes

#### Items

- Inability to recall important parts of event
- Diminished interest or participation in things usually enjoy
- Detachment estrangement from others
- Restricted range of affect
- Foreshortened future
- Persistent exaggerated negative beliefs or expectations
- Persistent distorted cognitions / blame self or others
- Persistent negative emotional state

 Inability to recall important parts of event

 Diminished interest or participation in things usually enjoy

 Detachment estrangement from others

 Restricted range of affect

 Foreshortened future

 Persistent exaggerated negative beliefs or expectations



 Persistent distorted cognitions / blame self or others


 Persistent negative emotional state

 Hyperarousal

Items


- Irritability / angry outbursts
- Difficulty concentrating
- Hypervigilance
- Exaggerated startle
- Reckless or self-destructive behavior
- Difficulty falling or staying asleep


 Irritability / angry outbursts

 Difficulty concentrating

 Hypervigilance

 Exaggerated startle

 Reckless or self-destructive behavior


 Difficulty falling or staying asleep

 Depression symptoms

Concept

Depression symptoms

This group has no items.

 Anxiety symptoms

Concept

Anxiety symptoms

This group has no items.

 Functional impairment - Quality of life

Concept

Functional impairment - Quality of life

 Functional impairment - index child

Concept

Functional impairment - index child

This group has no items.